

## **What to wear to weddings**

No matter what time of year it is, there's always a wedding to go to. So when that invitation pops through the letterbox, here's how to avoid panicking about what to wear on the big day.

Every bride who is walking down the aisle will have spent at least 12 months planning every detail of her wedding trousseau. You don't want to upstage her but you also want to show that you've made an effort and look equally as elegant and radiant as she does. But how on earth do you do it?

Buying an outfit for a wedding can be terrifying and results in the worst panic buying. To avoid expensive mistakes this summer here are some important principles to follow:

### **Think elegant**

Dressing for weddings is all about elegance so go to retailers whose stock in trade is just that.

Labels such as Coast, Karen Millen and Jaeger all have beautiful separates and dresses and suits that will cover all manner of elegant. Dressing from head to toe in the same colour and fabric will give you off-the-chart elegance

### **Use colour to your advantage**

Do some research into what your bride will be wearing and the overall colour scheme of the wedding. If you want to look like a member of the wedding party then choose a tone, tint or shade of that colour. If you want to look strikingly different then avoid toning in like the plague.

All shades of pastel colours look great at summer weddings. If you have warmer or olive skin tone go for yellows and golds, olive or apple green. If you have a cool, pinkier tone to your skin, then opt for blues, lilac, silver, light grey or light green.

Avoid red during the day as it can be perceived as a passionate, aggressive colour. At night however, red it will really get you noticed so consider choosing it as it will help you stand out from the crowd.

### **Invest in accessories**

Often we already have an outfit that can be adapted to use for a wedding, it just requires a bit of thought and searching through the wardrobe for the right items.

Accessories are the key to making an outfit look different. You can add a hat to change your entire look. For weddings where you're moving on to the evening do, replace your hat with a tiara and an "up do" and you're effortlessly ready for a glamorous night.

There are so many lovely accessories around right now that will give you the edge, so if you have the time, invest in seeking them out. You'll have them for a lifetime, they'll always fit you and they'll never go out of fashion!

Great stockists of accessories with a difference include Jaeger, House of Fraser, Principles, Wallis, Harvey Nichols and Selfridges.