

## The perfect bikini for your shape

---

If going on your holidays fills you fear and dread about what to wear on the beach, then panic not. We've come up with some helpful advice about how to select the most flattering bikinis for your body shape.

### Petite

- If you're petite, your small frame calls for scaled-down styles with low necklines, high legs, small prints, delicate details and light and bright colours
- Bandeau bikini tops work well on petite ladies as long as they aren't larger than a C cup
- Go for a higher cut leg to make you look longer and taller

### Curvy

- Slimming stripes or colour blocks at the waist can create the illusion of a slimmer middle – for example a bikini bottom that is black with a white panel down each side
- High-waisted bikini bottoms may also divert the eye from the midriff
- Tankinis are a great way of covering up a midriff, sucking in the waist area whilst still being able to wear a two-piece

### Pear-shaped

- Look for bikinis with vertical patterns and stripes, or suits that feature a bright colour at the chest and a darker colour below to draw attention away from the lower body
- Higher cut leg openings can also create a slimming illusion
- Make sure that any details are in the bikini top and not the bottom
- String bikinis work particularly well on this shape

### Boyish

- Try to add curves as much as possible to balance out the angles
- Go for bikinis with the prettiest, most feminine details
- Try bikini bottoms that have a skirt effect on them as this will ramp up your femininity and make you look curvier

### Top heavy

- A dark solid colour at the top of the suit with a pattern or detail at the bottom will draw the eye downward – usually ladies with larger busts tend to have lovely slim hips and legs so make sure you emphasise these features
- Sturdy straps and full coverage at the neckline and armholes will add support
- Tankinis work best for this body shape as they have better support. Try to find one with a square neck as this balances out the curves and looks most flattering
- Halternecks are great for balancing out broad shoulder but avoid them if you are a D cup or higher

### Flat chested

- Go for patterns ruffles and bikini tops that have lots of detail to create volume and fool the eye into thinking you're more busty than you are
- You also have the luxury of being able to opt for styles that have much flimsier or thinner straps
- Choose lighter, brighter colours as these will add volume, as will diagonal stripes across the bust